

From: Norfolk ALC Well-Being Task & Finish Group

Norfolk Resilience Forum : Community Support Postcard

The Norfolk Resilience Forum has offered support to over 40,000 shielding people in Norfolk with support for things like prescription collections, food shopping and emergency food, dog walking, social contact and befriending, but we know that there are many, many more people in Norfolk who need help to access the basics at the moment and over the course of the next few months. This is in addition to the massive amount of work that has been put in by communities themselves during this time.

Despite the lifting of government restrictions around social contact, there are still many people in the county who are lonely, unsupported, isolated and digitally excluded and we need your help to get the message out that, if people call the Norfolk County Council call centre we will be able to support them to access services. We are also aware that as people return to work, and the number of community volunteers reduces, a central support will be helpful to a number of people.

If you would help us share this leaflet, in paper form, to help residents who may not use a computer know that this help is available, we would really appreciate your help. If you would like to order printed copies please email commsrequest@norfolk.gov.uk with how many you would like, and where you would like them sent and we will send you some in the post.

In the meanwhile, you can download a copy from

<https://1drv.ms/b/s!Ap6cQb1GN3smg6t6gnOoRgmE0tQBBg?e=86tCZZ>

to share on social media with the groups in your parish, display on your web site and noticeboards or even print a few while waiting for the ones you order to arrive.

Notes:

1. when the browser window opens click download to download the PDF
2. this is designed so as to make a card that can sit on a mantelpiece by folding it in half.

We are very pleased to be able to send this from the Norfolk Resilience Forum

This link <https://1drv.ms/b/s!Ap6cQb1GN3smg6t5y76rKO09ytKsCg?e=lZYLfn> will take you to a card for carers many of whom need extra help in these trying times which you can distribute in a similar way.